fuksi
reseptori
2/2021
Hey fuksi!

Welcome to read our guild’s publication Reseptori, especially this yearly fuksi-edition, made just for you! (Fuksi means a first-year student). Congratulations, you have really made the right choice to study biotechnology and biomedical engineering in Tampere University. In our small but always growing guild you will feel home right from the first day of orientation. This FuksiReseptori gives you plenty of helpful information and a peek in to the typical student life in Tampere. You will also find your tutors on these pages.

Tampere is a great place to study and live. There’s a lot to do and see, and the shining new tram (wow!) will take you from Hervanta to the city center in no time. Our home campus is in Hervanta, which is a southern suburb nine kilometers from Tampere city center. Later on you can read some helpful “Hervanta pro-tips” that your tutors have come up with.

"The balance in our lives might have changed a lot but still we need to study as much as before.”

The COVID-19 pandemic and all the restrictions have made a huge impact on the study life in Tampere during these past 1.5 years. All lectures and some exercise sessions have been arranged online and also campuses, libraries and sports centers have been closed for some time. The previously active student life has now changed to staring at your computer screen at home. The balance in our lives might have changed a lot but still we need to study as much as before.

For me the COVID-time has been rough as I’m used to an active and outgoing life. Fortunately, during my second year of studies I still got to do a couple laboratory courses at campus and my dance trainings continued after all. Let’s hope that we will get at least some contact teaching next fall and see each other at the guild room.

I’m a tutor for our Finnish students this fall, so maybe we’ll get to see each other at the front lawn in August!

Hilda
editor-in-chief
Hello dear fuksi, congratulations for getting into Tampere University! You have made a great choice to study biotechnology and biomedical engineering, as there’s many unforgettable moments to come as a tech student or teekkari as we say in Finnish.

But what on Earth is this "guild", mentioned in the headline? Technical subject associations are usually called guilds and the home guild of biotechnology here in Tampere is called Bioner. The main purpose of a guild is to gather together students from the same field regardless of the year of studies and advocate for students in the university world. The guild organizes nice free time activities, like sauna nights, sitsis and weekly sport sessions, but it also takes care of introducing new students to university life and teekkari culture. When you first arrive to Hervanta campus on the first day of orientation, you’ll meet Bioner’s tutors (introduced later on these pages).

Bioner has a guild room at Hervanta campus, where you can enjoy a cup of coffee and greet other guild members. You can gather at the guild room to solve some difficult physics exercises or play some of the many board games there. Becoming a guild member is very easy and recommended, because with a five euros membership fee you’ll get to use guild’s endless coffee supplies and enjoy many other benefits the guild offers.

This was just a scratch to surface on guild life, so hopefully you will attend our activities right from the first weeks. If you have any worries or questions about student life, don’t hesitate to contact me or the fuksi team and tutors.

Have a sunny rest of the summer, see you in autumn!

Nina Kovanen
Chair 2021
Bioteekkarikilta Bioner ry
nina.kovanen@tuni.fi
Telegram: @ninotski
Hello future fuksi of Bioner!

Congratulations on your place in Tampere University! Biotechnology and Biomedical Engineering is a great choice, and hopefully you’ll enjoy your time with us. In the coming fall you will join the awesome students of the subject association Bioteekkarikilta Bioner ry (Bioner for short). Bioner aims at bringing bioengineering students together, safeguarding their interests, and offering a variety of activities and services to them. You’ll surely find lifelong friends among us!

“You fuksi year will be exactly the way you make it be.”

You might be nervous about the change of environment or meeting new people, which is completely normal. There’s no need for greater tension, though, because our amazing fuksiteam will help you start your studies and adjust to the new environment! I am Nanna, Bioner’s responsible for international affairs including international student tutoring. Together with the tutors we’ll make sure you get all the necessary information before the studies start. We’re going to show you around the campus and Hervanta (the part of Tampere where the technical campus of Tampere University is), introduce you to the different aspects of student life and teekkari-culture.

But wait - what does fuksi mean? A fuksi is a first-year student at a university but the term is by no means a condescending one. The title means that you’re experiencing all here for the first time, whether you’re stepping into higher education for the first time or you already have a degree from another institution. Whatever your background is, we try to make sure that your studies here at Tampere University start off nicely. And what about the word teekkari? Teekkari is a student studying in a technical field at university. After their first study year, teekkaris get a teekkari cap (you will find it for instance in the picture of me). It is kind of a symbol of technical university students. Another specialty in Finnish student culture are the student overalls. Almost all student associations have their own overalls with different colours, and we bioengineering students at Bioner have champagne gold ones.

Finnish student life and culture include besides the actual studying a lot of different events and activities. Students organize a great number of events for each other: everything from sports competitions and bungee jumping to book clubs and sauna nights. Of course, the COVID-19 pandemic has made it challenging to organize events normally but during the last year students have found innovative ways to have activities also during the corona time. And hopefully the situation would slowly go more to normal so that the next academic year would already be better.

Your fuksi year will be exactly the way you make it be. We as your tutoring team are here to guide you through and tell you about all the things you can and should do. The first event after arriving to Tampere University will be the orientation week. It is packed with different info sessions and activities. During the days there will be important informational events about the university and getting to know the campus and its’ practices. During the evenings we’ll have more time to get to know each other, Hervanta and the other fuskis of the campus. Evening activities include for example barbecuing, parties and hanging out. We warmly recommend you join as many activities as you can.

We’re eagerly looking forward to the orientation week and meeting you! For now, you can check out our tutor team introduction in the next part. And feel free to contact us regarding any questions you might have even before the studies begin. If you’re interested, you can also check Bioner’s webpages: https://bioner.fi/en/.

Congratulations once again and hope to see you during the orientation week taking place on the 23.-27.8. We recommend you come to the fuksi headstart (= fuksi head start) on Sunday 22.8. at 6 pm at the front lawn of Hervanta campus as well, (if you find the campus you can’t miss the front lawn).

Best regards,

Nanna
Name: Nanna Förster
Year of studies: 5th year (=second year of master studies) starting
Home city: Espoo
Expectations for the autumn: I'm looking forward to meeting you all! I hope I'll get to know great new people, be able to help and introduce you to the Finnish student life, and also learning something new myself. I really hope that the autumn will be already more normal considering the Corona-situation as well!
Best fuksi-memories: Some of my best fuksi-memories are Bioner's fuksi sitsis, pre-christmas party and chill moments at our guild room. And of course the teekkari dipping was amazing!
Hervanta pro-tip: In Hervanta, everything is reachable by walking. Still, a bike can be very useful for moving around! Moreover, biking is a nice option to go to the city center or Kauppi campus as well.
Totem animal: Snow leopard

Name: Anita Shrestha
Year of study: 1st year student
Home city: Originally, I am from Nepal, but for the last 5 years I have lived in Finland.
Expectations for tutoring: I am so excited to get to know the new students and help them with their basic needs after they arrive in Tampere!
Best Fuksi-year memories: I attended student get togethers, a few sports events and welcome week.
Hervanta Pro-tip: Besides from studying, hiking is also a great way to spend quality time with nature. There are many paths and trails that can be found near to the city. I feel that Hervanta has everything you need and suitable location for new students.
Totem Animal: Dog!
Bao Ngoc

Name: Nguyen Thi Bao Ngoc
Home city: Hanoi, Vietnam
Year of study: 2nd year master’s student, starting from this Autumn.
Expectation from tutoring: As an international student, I understand how difficult to get used to new environment. Therefore, I hope I can help new students and make new friends.
Best fuksi-year memories: Not too many activities took place during my school year. However, the campus tour is also pretty cool.
Hervanta pro-tip: There is nice weather to go out for a cup of coffee and eat a donut.
Totem animal: Eagle

Elina

Name: Elina Lassila
Home City: Tampere
Year of study: I'm in my third year of studies towards a bachelor's degree
Expectations of tutoring: Getting to know all of you, learning new things, and being able to help you to adjust in a new country
Best fuksi-year memories: Probably getting the teekkari cap:
Hervanta pro-tip: Suolijärvi is definitely the nicest lake to jog or walk around in Tampere
Totem animal: Caique
Amanda

Name: Amanda Uusitalo  
Home City: Tampere  
Year of study: 3rd  
Expectations of tutoring: I look forward to meet new people and networking.  
Best fuksi-year memories: Wappu was the highlight of my fuksi-year as we spent two intensive weeks filled with many people and events.  
Hervanta pro-tip: Watch the sunset at the top of a jumping hill.  
Totem animal: Koala

Mehedi

Name: Mehedi Hasan Dhruva  
Home City: Sherpur, Bangladesh  
Year Of Study: Second year master’s student  
Expectations from tutoring: I am very much keen to meet new students and help them to adjust in a new environment by sharing my experience.  
Best fuksi year memories: This year due to pandemic was quite different as everything was online, still there were some good experiences like get together with our mates and professors. The most enjoyable programme was wappu night that is the student's graduation festival, and it was really colourful.  
Hervanta Pro-tip: Hervanta is nature friendly, there are so many lakes like Suolijärvi and Särkijärvi, it is amazing to walk or even if you have bike, you can always enjoy the beautiful scenery here.  
Totem Animal: Hawk
Finnish tutors are primarily responsible for the Finnish fuksis but they will always be there for international students as well!

Finnish tutors

The fuksi officials: Emmi, Atte and Amanda

Markus and Pinja

Eveliina and Hilda

Iida and Anna-Mari
Finnish fuksi team and tutors

Sonja and Ilari

Photos by Pinja Koivisto

Veikka and Venla

Jenna and Jutta (on top)

Master’s degree tutors: Kati and Paavo
Moro fuksi!

Congratulations on your new study place on behalf of both me and Tekniikan Akateemiset and welcome to study at Hervanta campus! Whether you’re starting your first year, changing subject or maybe just without any clue what to do in future, your fuksi year will be unforgettable if you only give it a chance!

Tekniikan Akateemiset, TEK for short, is an organisation for academic engineering and architecture students and graduates, ie. a support for teekkaris. TEK offers help to its members in different workinglife situations and advocates for them.

I, that is Helka, am Bioner’s TEK official and thus work as a link between Bioner and TEK. If you have anything to ask about TEK come chat with me (I have the jersey number 05)!

TEK membership is highly recommended as it’s completely free for students but comes with a wide variety of different benefits and services. Joining is easiest in the address oma.tek.fi/en_GB/join_as_member

Joining is easy also during the orientation week in TEK-info where I will be telling more about Tekniikan Akateemiset.

See you on the orientation week!

Helka
Upcoming events

(corona can cause cancellations)

Fuksi head start 22.8.
Orientation week 23.8.-27.8.
NamiAppro 6.9.
Teekkari dipping 11.9.
Newcomers’ orienteering 15.9.